

# PATIENT REFERRALS: POSTPARTUM

DID THEY HAVE A  
POSITIVE SCREENING?

NO

Maintain sensitivity learned  
from training, provide patient  
with resources

YES

Perform a full screen with an in-  
depth assessment tool

## POTENTIAL ASSESSMENT TOOLS

- Structured Clinical Interview  
for DSM-5 (SCID-5)
- Eating Disorder Examination
- Eating Disorder Interview

IF YOU ARE NOT THE  
PATIENT'S PRIMARY  
OBSTETRIC PROVIDER,

Please notify said provider

## COORDINATE WITH PATIENT'S EXISTING MENTAL HEALTH SERVICES

Or refer to a mental health  
service and a dietician

IF THEY HAVEN'T  
ALREADY,

Have sensitivity training for the  
care team and the patient's  
family/partner

## RECOMMEND REFERRAL

To lactation consultant to assist  
with breastfeeding

COORDINATE WITH  
MENTAL HEALTH  
PROVIDERS

After the patient consents, in an  
effort to monitor progress

## CONTINUE MONITORING FROM A DISTANCE

And complete follow-up screens  
at the same time as baby / child  
checks



HEALING BODIES  
HEALTHY BABIES